

Central South Dakota Retired Senior Volunteer Program

Central South Dakota Retired Senior Volunteer Program is committed to improving lives, strengthening communities and fostering civic engagement through service and volunteering.

Reading Buddies resumes after Christmas break on the dates noted.

Please join us at one or all locations for this heart warming volunteer opportunity where volunteers and students read together weekly for 30 minutes. Invite your friends to become RSVP Reading Buddies so

we can meet our goal to pair 107 students with 107 volunteers. Call Teri 224-3337 or email teri.royer@avera.org.

Elementary	Day	Time	Resumes
Buchanan	Mondays	12:45 pm	Jan 9
Kennedy	Tuesdays	1:45 pm	Jan 10
Stanley Co	Wednesdays	12:30 pm	Jan 4
PILC	Thursdays	10:00 am	Jan 12
ABO	1st Mondays	2:30 pm	Jan 9



Please help area elementary students enjoy **Valentines Day** by providing a box of Valentine cards. Bring the box to the RSVP office, 801 E Dakota, south building, room 205, or to Reading Buddies by February 3rd. The boxes will be distributed to area teachers who will provide them to students who otherwise may not be able to participate in the Valentine card exchange.

Kennedy Elementary is looking for a volunteer to work with a 2nd grade student twice a week, books provided. Call Jen at 773-7370.

The **Child Assessment Center** at Avera St. Mary's is seeking volunteers to provide support to children and families as they wait in the center. Support includes entertaining children by reading and playing with them, offering snacks and refreshments. Assist with cleaning, putting together empty files, sorting through clothing donations. The time and days you volunteer is flexible as their wait may be from 90 minutes to 4 hours. A background check is required which is paid for by CAC. Call Angela 224-3339.

Avera Parkwood has oodles of books that need to be organized monthly. Lance is looking for a couple of volunteers, for a couple of hours each month. Call Lance, 224-3183 to assist with this project.

SD Shiine, Senior Health Information and Education, seeks volunteers to help seniors with their Medicare Part D plans in Hughes and Stanley counties. Call 224-3212.

Volunteer for the City of Ft. Pierre and search for historical documents in the **SD Historical Preservation** archives. Call Mayor Hanson at 223-7690.

Volunteer as a **Tour Guide at the Capitol** during the legislative session. Duties include providing guided tours, restocking the brochure racks, and providing general information. Email tammi.florentz@state.sd.us, 773-3688.

The **Senior Citizen Center** requests volunteers to help remove snow with the two snow blowers provided. Call Jeanne 224-7730 if you are interested.

Call Sister Francis, 222-8543 to volunteer at the Avera St. Mary's Hospital **Heritage Room**. Enjoy office work, sorting photos, and tracking Avera's history. Hours are flexible.

OR Waiting Room Volunteer
Looking for warm personalities to greet patient family, communicate with family and nurses, direct patient family to restrooms, cafeteria, inpatient unit, weekdays, 7:00 am to Noon, based in the 2nd floor surgery waiting room, call Rachel, 224-3399.

Medical Volunteer

If you have a medical background and are interested in taking blood pressures and providing some educational material as indicated, call Karen, 224-3303. We will have the location, equipment, educational materials and schedule coordinated. We are looking for interested people to provide this basic screening to people who don't have regular access to this potential lifesaving screening tool. Flexible hours.

Avera St. Mary's Hospital invites you to participate in our **Greeter Program**. Call Lindsey, 224-3233, to schedule your training, and determine which days and times work best for you. Lindsey will pair you with a staff "leader" who will help you become an Avera St. Mary's Hospital "greeter".

Avera St. Mary's Hospital **Auxiliary**, membership is \$3, luncheon is \$2, luncheons are at 1 pm, in the Hospital Cafeteria on Jan 27, Feb 24, Mar 24, Apr 28, and May 26. Assist with the annual **Bake Sale**, Apr 6, in the Hospital Cafeteria, begins at 8 am. Set up begins at 7 am. Bring your favorite baked goods to sale or stop by to buy.

CSD RSVP Advisory Council Co Chairs Karen Wyly and Sandy Sheppard, Elton Blemaster, Sue Burgard, Marrietta Catlin, Loni Draper, Mary Giddings, Anne Gormley, Tony Jockcheck, Capital Area United Way and Ellen Lee, Avera St. Mary's Hospital Foundation



*Teri Royer, Project Director, 605-224-3337, 801 E Dakota, teri.royer@avera.org, www.rsvpsd.org
Liz Farley, Winner Program Coordinator, 605-842-2759, frenchie@gwic.net*

January 2017 Edition



RSVP Volunteers,

Thank you for volunteering and for reporting your hours. Your time is sincerely appreciated. Your hours are used to demonstrate contributions volunteers are making in our communities.

Timesheets and our RSVP newsletter are mailed or emailed monthly to all volunteers. For those who receive a time sheet in the mail, please complete your time sheet, sign it, and mail it to Avera St. Mary's Hospital, 801 E Dakota, or drop it off at our drop box in the south building entrance or at the Avera St. Mary's Hospital Auxiliary Gift Shop.

For those who receive the newsletter via email, to enter your hours online go to www.rsvpsd.org. Select "forms", select "post hours".

Enter username (first and last name, no space).

Enter password (is the word "password").

Select OK, select worksite, enter hours, select OK.



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| Jewell Bown | Joann Lonbaken |
| Delores Cichos | Nancy McKenney |
| Lorraine Ebach | Daisy Mernaugh |
| Dennis Eisnach | Gladys Nye |
| Eileen Fischer | Betsy Pollock |
| Barbara Hillestad | Gilda Stein |
| Cookie Hyde | Dorinda Timmons |
| David Kruger | Bob Travis |
| Irene LaFurge | Arlene Truax |
| Thomas LeFaive | Larry Weiss |
| | Karen Wyly |

Volunteer for Special Events

Capital Area United Way	Christina	224-9229
City of Pierre	Laurie	773-7341
Pierre Senior Center	Jeannie	224-7730
Oahe Habitat for Humanity	Don	224-1366
Oahe, Inc.	Chuck	224-4501
Chamber Commerce	Laura	224-7361
SD Discovery Center	Kristie	224-8295
Casey Tibbs Rodeo Center	Cindy	494-1094
4-H Hughes/Stanley Co.	Jackie	223-7730
Rural Health Care, Inc.	Diana	223-2200

If you prefer to receive the newsletter via email rather than through the mail, and enter your hours online, email teri.royer@avera.org.

Volunteer for Food Delivery, Distribution

Feeding South Dakota	Russ	494-3663
Pierre Area Referral Service	Laura	224-8731
Southeast Community Center	Nancy	224-7244
Community Youth Involved Center	Pat	223-2701
Sully County Nutrition Council	Bev	258-2348
Fort Pierre Senior Center	Pat	223-2701

Companionship and Transportation—assist and visit with residents, read the paper to those who can't, play board games, cards, checkers, take walks, provide transportation for those who have errands, medical appointments, etc.

Avera Mary House

Sundays, 1-3 pm, help residents get to the chapel and coffee social.

1st Friday monthly, 2 pm join us for our birthday entertainment, especially if you play an instrument or sing.

Pierre Area Concert—accompany the residents via arranged transit, enjoy the concert and return with the residents to Mary House.

Avera Mary House	Jaccinda	280-1049
Avera Parkwood Apartments	Lance	224-3183
Blunt Area Senior Center	Karen	280-7205
Dakota Heritage House	Maxine	224-7005
Golden Living Centers	Faith	224-8628
Kelly's Retirement Homes	Carmen	224-5261
Lincoln Apartments		224-7330

Station Name	Call	Phone	Volunteer Opportunity
AARP South Dakota	Lindsey	362-3044	Tax Aide
Avera St. Mary's Hospital Auxiliary	Myrna	224-7039	Hospital Gift Shop Attendant
Avera St. Mary's Foundation/RSVP	Teri	224-3337	Clerical, Companionship, Transportation
Avera St. Mary's Hospital	Lindsey	224-3233	Hospital Greeters
Central SD SHIINE	Dusty	224-3212	Office Assistant
Countryside Hospice Inc.	Marie	945-0150	Cashiers and Baggers
Oahe Child Development-Head Start	Jodi	224-6603	Head Start Classroom, Lunch Buddies
Oahe Dam Visitor Center	Jenn	224-4617	Oahe Visitation Center Volunteer
Pierre Area Retired School Personnel	Jean	224-4930	Retired Teachers
SD Bureau of Administration Office	Tammi	773-3688	State Capitol Tour Guide, Christmas Tree Greeters
SD Cultural Heritage Center	Dorinda	773-6006	Gift Shop Clerks, Tour Guides
SD State Library	Josh	773-3131	Braille and Talking Book, Narrators, Reviewers
South Dakota State Parks	Emilie	773-6671	Game, Fish and Parks Activities

